



ORGANICS EUROPE YOUTH EVENT



Organic And You(th)
Building Resilient Food Futures

IFOAM
ORGANICS EUROPE



in collaboration with



A systemic response to some of the challenges we face today:

Migration

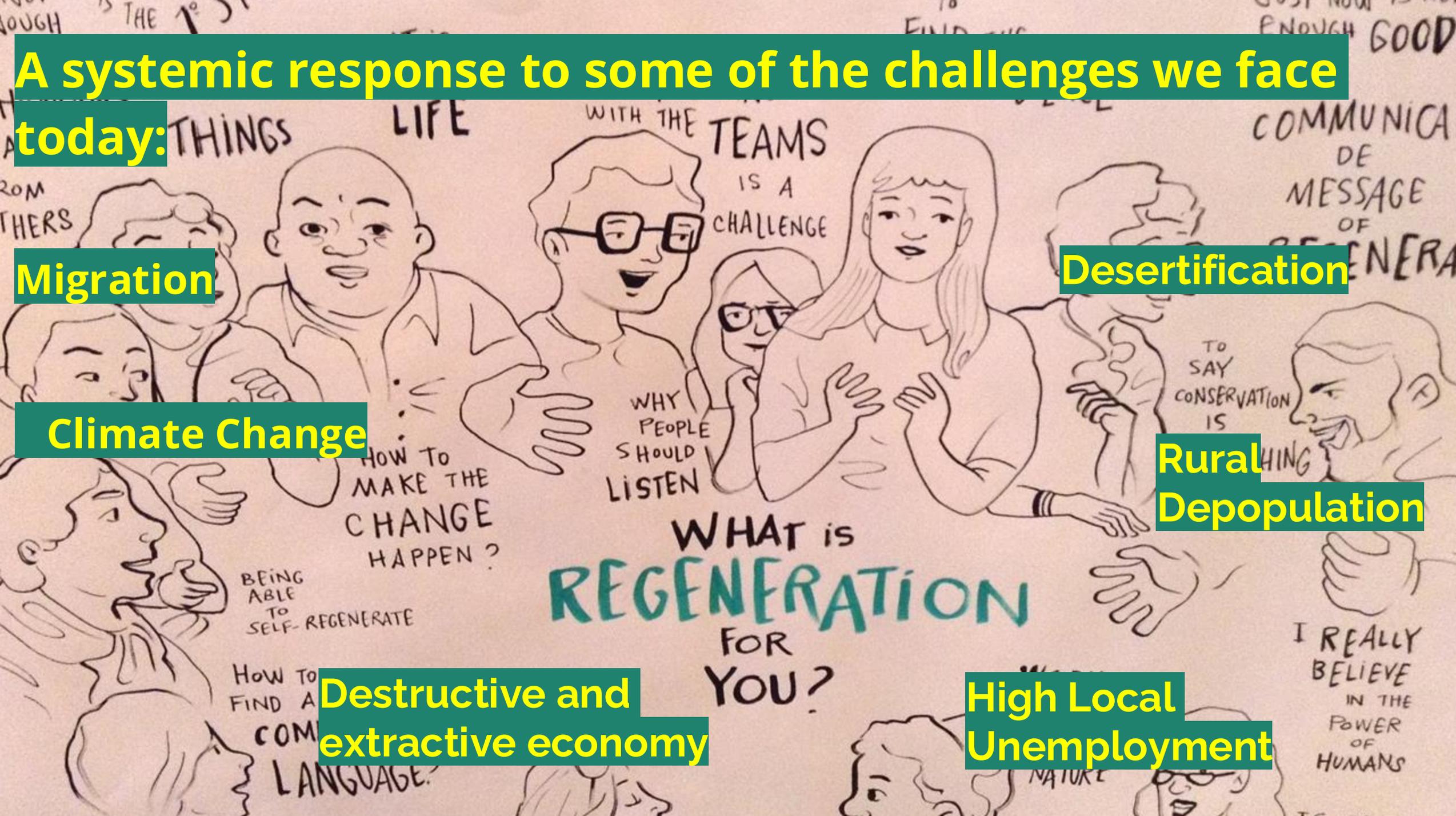
Desertification

Climate Change

Rural Depopulation

Destructive and extractive economy

High Local Unemployment



Regeneration Project: Granada

Integration - Regeneration - Sustainability



LA BOLINA



Association La Bolina

A group of nine diverse people, including men and women of various ethnicities, are posing for a group photo outdoors. They are standing in a rural setting with mountains in the background. The group is diverse in age and appearance. One man in the foreground is wearing a red and white hoodie with 'REAL ATHL' and 'Daily' visible. Another man is wearing an orange shirt. A woman in the center is wearing a white and colorful striped shawl. The background shows a landscape with trees and mountains under a cloudy sky.

A diverse collective of people from Europe, West Africa, México and the Middle East. Born in Eroles Project residency Sept 2016. Association established June 2017. Project hub established in the Lecrin Valley, Granada, Spain December 2017.

Our mission:

La Bolina is a pilot project that seeks new ways to promote community based integration of migrants in depopulated rural areas through the creation of support networks, social events and livelihoods based on agroecology, permaculture and sustainable commerce.

LA BOLINA



Asociación La Bolina

CULTIVANDO Futuros

Un programa de formación de dos meses y medio para personas refugiadas y migrantes que viven en la región de Granada y quieren aprender cómo ganarse la vida con la tierra de manera sostenible.

A two and a half month training programme for refugees and migrants living in the Granada region who want to learn how to make a living from the land.

Un programme de deux mois et demi dirigé à des personnes réfugiées ou migrantes, vivant dans la zone de Grenade qui veulent apprendre comment travailler et vivre de la terre.

Aprenderás a cultivar vegetales ecológicos. Manejarás técnicas de comercialización y tendrás una experiencia real en negocios locales, lo que podría facilitar un trabajo futuro. Conocerás a otras personas que comienzan a trabajar en este área, y obtendrás apoyo para encontrar tu propio terreno para comenzar una pequeña empresa en productos ecológicos. Comeremos verduras saludables, cocinaremos junt@s, aprenderemos y compartiremos recetas.

You will learn to growing ecological vegetables. You'll learn about commercialisation techniques and have real experience in local businesses, which could lead to an internship or jobs. You will meet other people beginning to work in this area, and get support in finding your own piece of land to start a small business in ecological produce. You will eat healthy vegetables, cook together, learn and share recipes.

DÓNDE/WHERE/ÓÚ

Mezquita de la Vega, Polígono El Rey, Atarfe
30 minutos de Granada en autobús/30 minutes from Granada (nº0225, nº0226 - Polígono El Rey).

CUÁNDO/WHEN/QUAND

SÁBADO/ SATURDAY/SAMEDI

9:00-12:30

Comida/Lunch/Le déjeuner

12:30-13:30

MIÉRCOLES/WEDNESDAY/MERCREDI

18:00 - 21:30

30/05/2018 – 28/07/2018

Clases de agroecología y permacultura
Classes in agroecology & permaculture

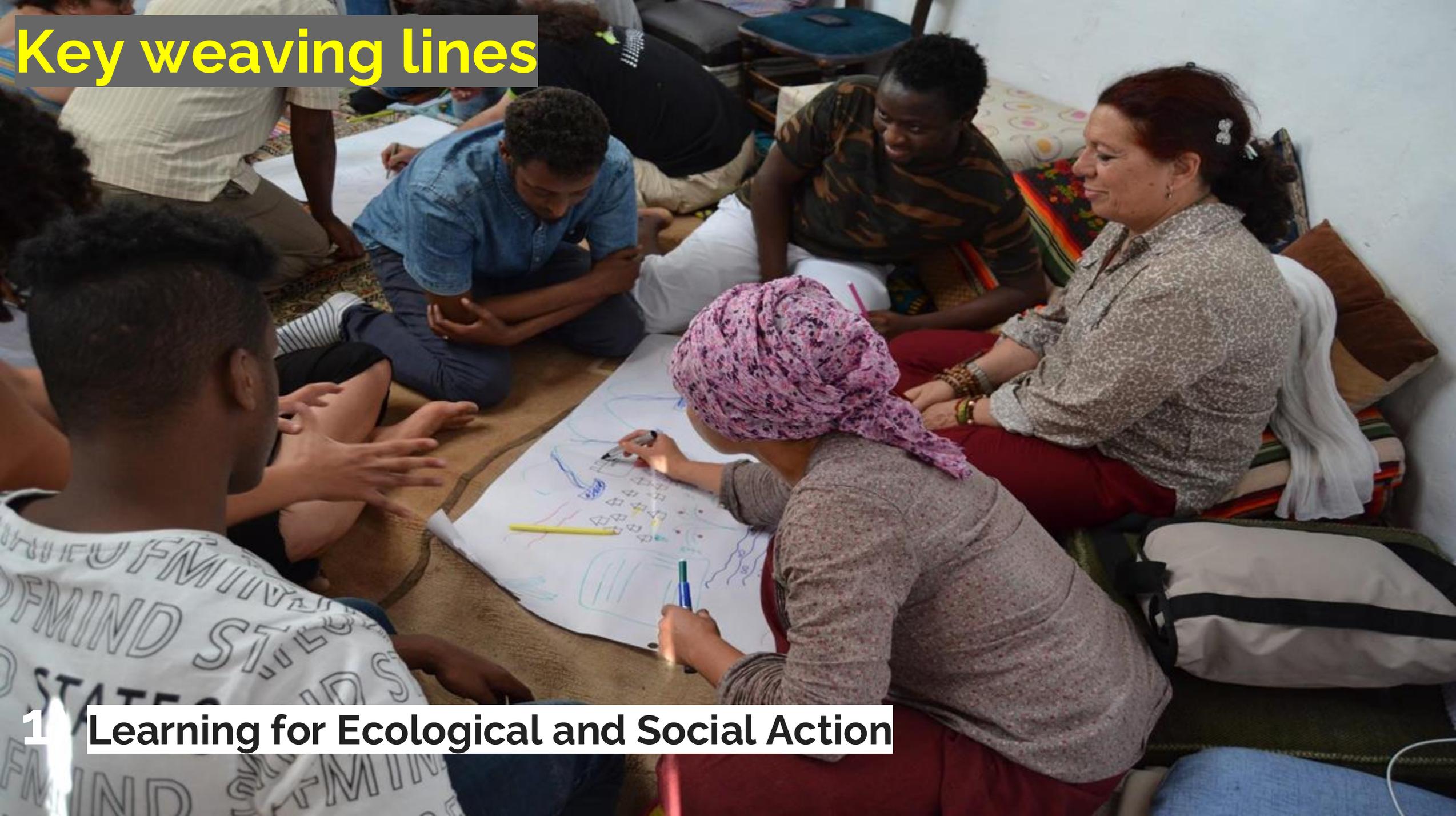
1/09/2018 - 15/09/2018

Clases de Comercialización

Classes in Commercialsation

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Key weaving lines



1 Learning for Ecological and Social Action



2) Cultivating the land and commercialising the produce.



LA BOLINA



La labor de La Bolina consiste en la **REGENERACIÓN** de la tierra, la **INTEGRACIÓN** de personas migrantes, refugiadas y locales y la creación de medios de vida **SOSTENIBLES**, basados en la agroecología en el Valle de Lecrín.

La Bolina - El AlmaZen

Av. de Andalucía, 15
18658 Restábal
(El Valle de Lecrín, Granada)
Más información en
www.labolina.org
cestas@labolina.org

CESTAS DE VERDURAS

La cesta se compone de frutas y hortalizas de temporada, cultivadas con técnicas 100% agroecológicas en el Valle de Lecrín y la Vega de Granada, siguiendo valores de la economía local, social y solidaria. Puedes hacer tu pedido online y es posible añadir otros productos locales y agroecológicos.



¡Síguenos!



facebook.com/proyectorlabolina/
[@LaBolina_rpg](https://www.instagram.com/LaBolina_rpg)

Cestas pequeña: 4 productos a elegir ~ 8€/cesta

Cestas grande: 6 productos a elegir ~ 11€/cesta

Puntos de reparto en Granada y en El Valle de Lecrín
o compra directamente en El AlmaZen

Inscríbete en cestas@labolina.org

o llama al +34660455079

La Bolina Veg Box Scheme

Our products
Fresh
Local
Seasonal



Veg Box Scheme

Processed Products

Honey

Sourdough bread

Marmalade

Wine

Beer

Cheese

Legumes

Flour

cosmetics



Working with local producers





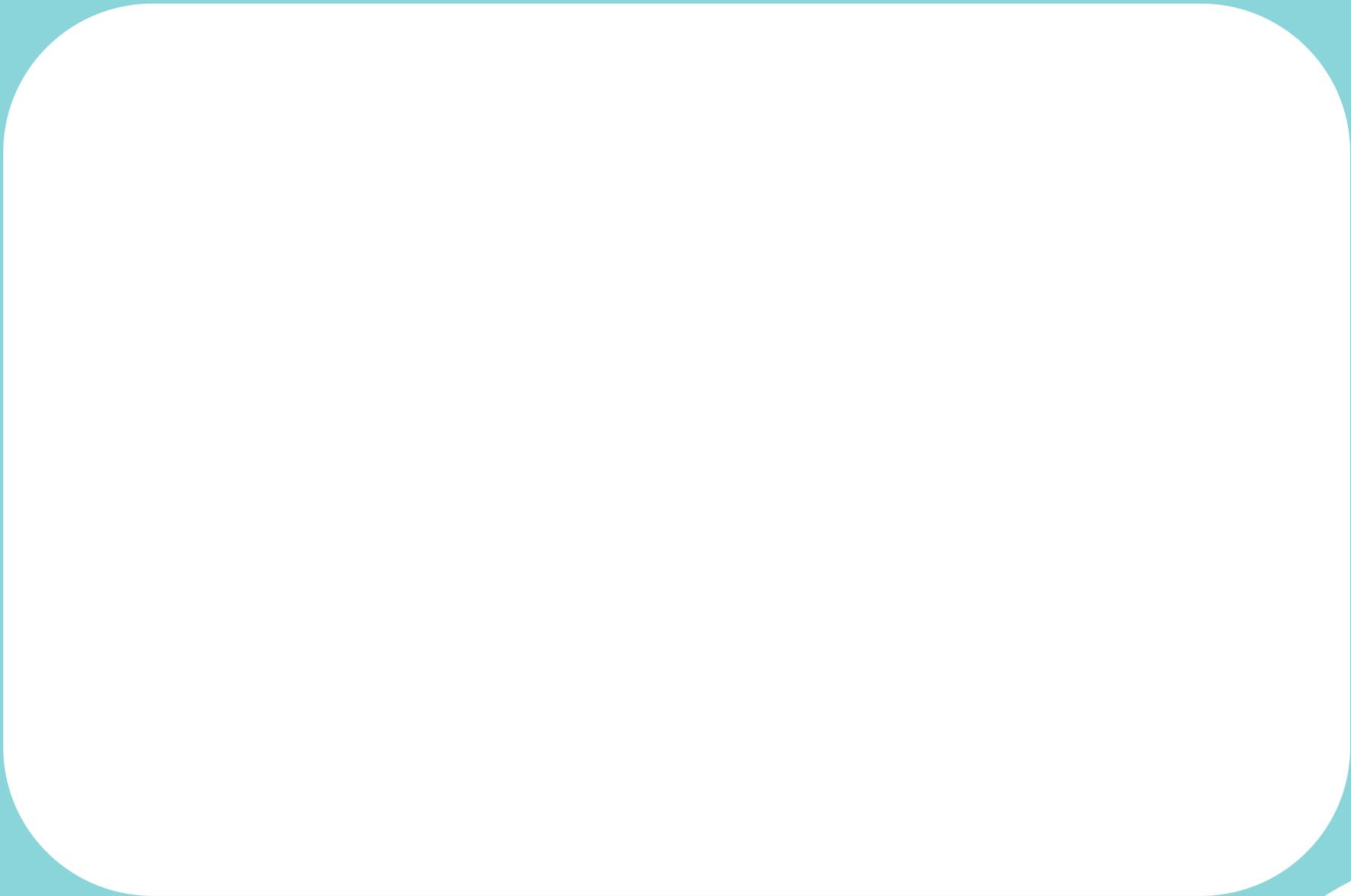


Use and value diversity



Almería - The Plastic Sea Project



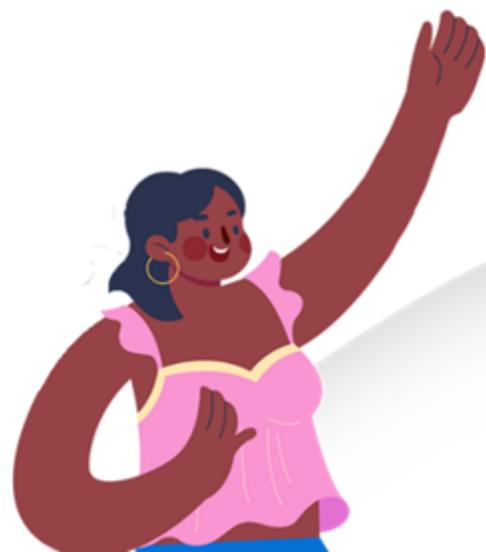
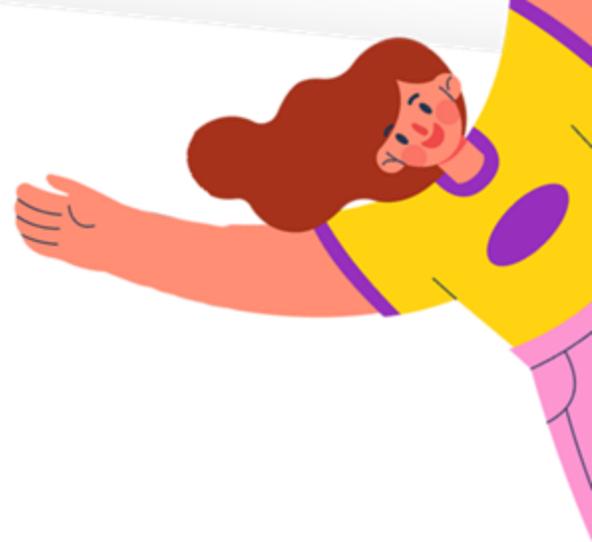




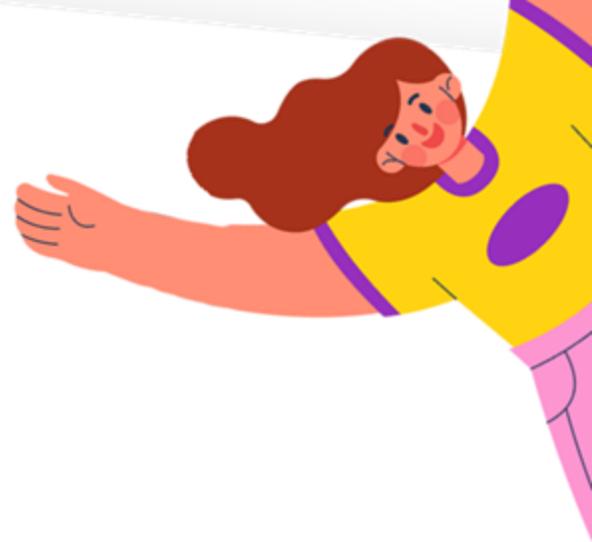
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